



ANSTY LADIES CC

# Ansty Ladies CC

Providing cricket for women & girls  
of all abilities

Ansty Ladies CC provide cricket for women and girls of **all abilities!**  
We provide:

- Winter and summer training programmes
- An established colts section with summer matches
- A women's Softball team
- Two midweek development T20 teams
- A Sunday 1<sup>st</sup> XI playing Premier League Cricket
- A team of Level 2 Female coaches providing quality coaching
- The ability to play mixed cricket at all levels



**Come along and give cricket a go!**

We really do provide cricket for all.

For more information contact [daveburt@anstyladiescc.co.uk](mailto:daveburt@anstyladiescc.co.uk)

Or check out our website – [www.anstyladiescc.co.uk](http://www.anstyladiescc.co.uk)



Facebook.com/anstyladiescc



@anstyladiescc



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Thinking of taking up another sport, then why not come down, join in, have some fun, and see if you like us?!

- We provide a fun learning environment for junior players
- A chance to meet people, keep fit, and enjoy a new challenge
- A pathway from junior cricket into senior cricket

We are a small but friendly welcoming club!

To find out more please contact – [daveburt@anstyladiescc.co.uk](mailto:daveburt@anstyladiescc.co.uk)



## Winter Training Programme 2020

Main Sports Hall.  
Warden Park School, Broad Street  
Cuckfield. RH17 5DP

### Dates:

February: 16<sup>th</sup> February  
March: 8<sup>th</sup> / 15<sup>th</sup> / 22<sup>nd</sup> March

## Training Session times

09:00-10:00 Softball (Ladies & Girls)  
10:00-11:00 New Hard Ball Juniors  
11:00-12:15 Junior Hard Ball  
12:15-13:15 Ladies Group Session  
13:15-13:45 Ladies Skills Session